



≈ Camping ≈ Lodges ≈ Activities ≈ Adventure ≈

[www.lonsdalescouts.org.uk/](http://www.lonsdalescouts.org.uk/)

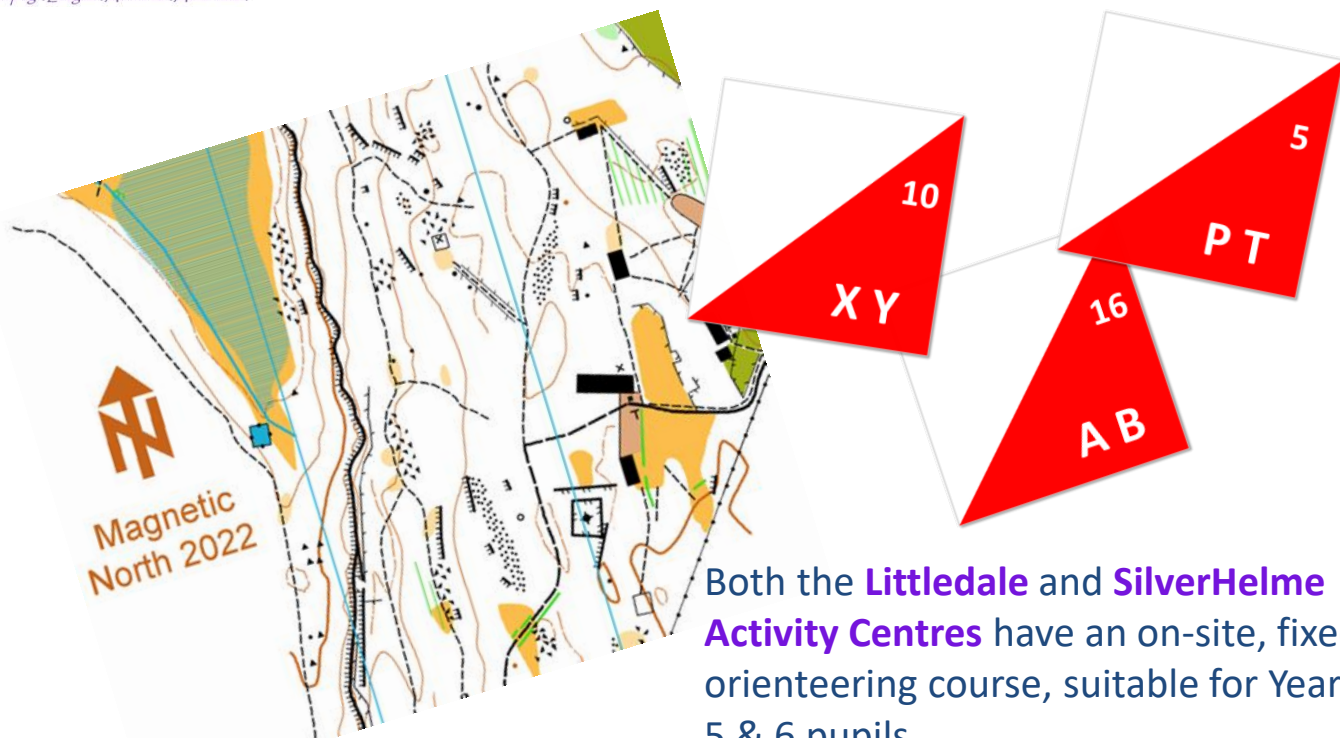
# Schools Outreach Programme

The **Lonsdale District Scouts** has two outdoor **Activity Centres** – *Littledale* and *SilverHelme* – in the Lancaster & Morecambe area. These centres not only support the 24 local Scout groups and 8 Explorer Scout Units, but also give other uniformed groups, **schools** and youth clubs the opportunity to experience the outdoors safely and to learn new skills.

To promote both future visits to the **Activity Centres** and Scouting in general, we are offering Primary Schools the option to experience two **free** activities **on the school's site** to introduce pupils to **Orienteering and Disc (Frisbee) Golf**. The sessions are ideal for *Years 5 & 6* but can also be adapted for younger *Key Stage 2* pupils.

We can also offer, at a reasonable charge, options for various activities and “Forest School” experiences at either of our two **Activity Centres**.

If you are interested in either in-school activities, or activity visits to either of our Activity Centres then please email: [michael.siney@lonsdalescouts.org.uk](mailto:michael.siney@lonsdalescouts.org.uk)



Both the **Littledale** and **SilverHelme Activity Centres** have an on-site, fixed orienteering course, suitable for Year 5 & 6 pupils.

The **SilverHelme Activity Centre** also has two nature trails suitable for younger pupils. These combine basic map skills with “Forest School” / nature activities along the trails.

**Lonsdale District Scouts** are able to set up a 20-point orienteering activity in a school’s playing field / playground (*subject to suitable available space*).

The Orienteering activity can be:

- A simple orienteering course, collecting codes from point markers.
- A more complex course using codes and bearings to navigate the different points.
- A multi-session activity that includes getting the pupils to initially map their school field/playground area and then use those maps to complete orienteering challenges.

The activity will give pupils practical trigonometry and maths experience, along with the competitive challenge of a new sport.

The time required for activity set up and the activity itself depends on the objectives & skills the teacher wants to incorporate in the session(s).



Thanks to funding from the *Harris Charity*, the **Littledale Activity Centre** now has a **9 "hole" Disc (Frisbee) Golf course**.

As the equipment is portable, **Lonsdale District Scouts** can offer a 4 or 5 "hole" activity in a school's playing field / playground (*subject to suitable available space*).

The activity will teach pupils about basic aerodynamics, angles, distance and accuracy, along with the competitive challenge of a new sport. The activity can also link to many other Key Stage 2 Science and maths topics.

Activity set up (without pupils) will take around 30 minutes and the activity itself taking 60 – 120 minutes (including instructions).

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**On-School site activities are offered free-of-charge.**

*Scouting Leaders (fully DBS checked) will run the sessions.*

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*If any pupils are interested in joining Scouting then they should visit <https://www.lonsdalescouts.org.uk/about/join-lonsdale-scouts/>*

*Scouting inclusive regardless age, class / socio-economic status, ethnic / national origin, gender, sexual orientation, disability, political belief, religion or ability to pay.*